

Cityplot is an urban farming collective that supports people in growing their own organic food on balconies, on windowsills, in community gardens, on empty lots, and along the street!

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We would like to thank our generous sponsors for providing materials for the Guerilla Gardening evenings at the Van Gogh museum:



And a special thanks to the wonderful volunteers who made this evening possible!

GROWING EDIBLE CITIES

GUERRILLA GARDENING IN THE VAN GOGH MUSEUM

Seed Bombs

Seed bombs filled with seeds for bee-friendly flowers are a colourful way to ensure that pollinating insects have enough nectar and pollen!

Here is a recipe in case you want to make more seed bombs at home:

- 5 parts home-made compost, or soil*
- 3 parts clay powder**
- 1 part bee-friendly flower seeds***

Add water until you can roll balls in your hand that don't fall apart. You can throw them right away (ideally before a rain shower to start germination) or store in egg cartons in a cool, dark place.

Throw or plant your seed bombs in a place that needs green and colour: a vacant lot or a tree pit for example.

* we use *Bio-kultura 'tuinaarde'*

** we use *Tierrafino clay powder*

*** we use *Bolster Tübingermengsel seed mix*

Giant Sunflowers

Plant your sunflower seeds a couple of centimeters under the ground in a sunny place. Water them regularly. Or if you prefer you can watch them sprout in a sunny windowsill and plant them out when they are about 8-10 cm high.



